

World Peace through Self-Peace

An Experiential Meditation for Self-Awareness



At this time, the world is changing so quickly. We are being faced with challenges like never before. Be it weather patterns and wildfires, changes in the economy, or the increase in anger and violence, we can feel a downward pull into sadness and deeper sorrow. In this evening's conversation, we will explore together the questions: What is the call of time? How do we rise above and how do we participate in spreading the energy of peace, love and hope to ourselves, to our communities and to our world? This evening will feature guided commentary, music, silence, and words of wisdom, all enhanced through the power of collective meditation. All faiths and religious backgrounds and representatives are invited and welcome to come to share their contribution to bring the light of hope back into our world.

**Sunday November 18, 2018
3:00 to 5:00 PM**

**Conversation and collective Meditation with
BK Damian Outtrim.**

BK Damian Outtrim is a Brahma Kumar who lives, works and teaches in South Australia. He is an instructor of the transformative Raja Yoga Meditation both in Australia and internationally. Damian recently had the positions of President of the Multifaith Association of South Australia, Executive committee member of Religions for Peace Australia and is currently a Community Mental Health Practitioner. He is also a Practitioner of Applied Mindfulness and has studied a variety of community service methods. Damian loves life and all people and is committed towards assisting others.

ADMISSION FREE. ALL ARE WELCOME.

All programs are offered free, as a community service by the Brahma Kumaris World Spiritual Organization.

908 South Stanley Avenue, Los Angeles, CA 90036

323-933-2808, losangeles@us.brahmakumaris.org

www.bklosangeles.org